

SILKWOOD STATE SCHOOL



NEWSLETTER

6 February 2026 • Term 1 Week 2

Dear Silkwood State School Community,

Since 1916 our school's mission has been to provide the best possible educational opportunities to every student no matter their background or ability. We focus on creating a happy and healthy environment in which every child can learn.

Our experienced staff are locals who understand the needs of our kids and communicate regularly with parents. In return, we expect parents to stay in touch with us, share their ideas and raise concerns as soon as they arise. We currently have 46 students in total – 20 in Mrs McLeish's P-2 class and 26 in Mr Cattarossi's Year 3-6 class. These teachers are supported by the best Teacher Aides and part time teachers in the district.

One way that you can get more involved in our school is through the P&C Association which meets about twice each term. Our P&C approves or suggests amendments to the school's policies, procedures and goals and plays a vital part in resourcing important programs. Come along to the P&C Meet & Greet afternoon on Tuesday 17th February straight after school. The P&C AGM will be advertised in the near future also.

Here's a list of other important events to look out for this term:

Parade – Each Friday from 2:30pm in the library – school news, Student of the Week and reading nights awards.

Girl's Talk – Next Wednesday 11th February from 10am Mrs Taifalos and Mrs Speziali will meet with the Year 3-6 girls to discuss menstruation and how to deal with this at school including access to free sanitary products. These students have received a note about the session but please contact Mrs Taifalos if you require further information.

Life Education Visit – This annual visit is also next Wednesday. The program will be: 10am P-2 "Safety Rules" (looking after yourself and seeking help); 11:30am Year 5-6 "Decisions" (making informed and safe decisions including drug and alcohol education); and 1:50pm Year 3-4 "bCyberwise" (digital literacy and staying safe). These lessons are aligned to the HPE Australian Curriculum. Please contact Mr Cattarossi for more information.

Swimming Program – Fridays 20th February to 20th March inclusive the whole school will engage in swimming lessons at Tully Pool. This program is offered free of charge due to the generosity of our P&C and funding from both state and federal governments. Notes will go home next week.

Attendance Rewards – Being at school every possible day is the best and simplest way to achieve academic success, and we will reward all students who attend 95% or more during each five-week block during the year. The first treat will be a lunch provided by *The Butcher's Wife Café* on Thursday 5th March and the second reward (yet to be determined) will be on the last day of term. To achieve 95% attendance in a five-week block, students cannot miss more than one day of school.

please see over page...

Our School Details:

Phone: 4065 1333

Mobile: 0437 739 058

Principal: Chris Cattarossi

Email: ccatt5@eq.edu.au

Website: www.silkwoodss.eq.edu.au

Follow us on Facebook

Office Hrs: Mon-Fri 8.00am to 3.15pm

School Watch: 13 17 88

P&C Assoc. President: Anja Graeber

Next P&C Meeting: AGM TBA



DATES TO REMEMBER

School Parade

Every Friday 2.30pm- all welcome!

Breakfast Club

Every Monday, Wednesday and Friday morning from 8.15am - 8.45am

Girls Talk

Wednesday 11th February

Life Ed visit

Wednesday 11th February

Swimming Program

Starts Friday 20th February - every Friday for 5 weeks

Attendance Reward

Thursday 5th March

Naplan

Wednesday 11th to Friday 13th March Year 3 and Year 5

School Photos

Wednesday 18th March



Red & White Day

Friday 27th March - Red Cross

Homework helps to bridge the gap between learning at school and learning at home. It also helps parents to see what their child can do and to be involved in their learning.

School website: www.silkwoodss.eq.edu.au • find us on Facebook • SCHOOL WATCH 13 17 88



OUR COMMUNITY - YOUR SCHOOL - SILKWOOD STATE SCHOOL

Principal's Report continued

NAPLAN – Years 3 and 5 students will engage in this annual national testing of literacy and numeracy from Wednesday 11th to Tuesday 17th March. Mr Cattarossi will conduct practice sessions and the tests.

School Photos – Look your best for these on Wednesday 18th March.

Parent/Teacher Interviews – During week 9 (23rd to 27th March) parents will be able to book a time to discuss their child's progress with their teacher.

Red & White Day – The local Red Cross ladies will make their annual visit during Parade on Friday 27th March. On this day students may get dressed in red and white, make a gold coin donation to the Red Cross Appeal and be in the running to win a prize on Parade.

Last Day of Term One – Thursday 2nd April.

First Day of Term Two – Monday 20th April.

Information about these events will be in newsletters, SMS messages or on old-fashioned paper notes sent home in your child's homework folder. If you have any questions, suggestions or concerns please get in touch. Efficient communication and comprehensive individual support are some of the advantages of a small school.

All the best for a fabulous year!

Yours in Education, Chris Cattarossi - Principal



"The future belongs to those who believe in the beauty of their dreams" -Eleanor Roosevelt



We're pleased to provide a **\$100 Back to School Boost** for every primary school student to help with the cost of essential school items.

A \$100 credit will be applied directly to each student's school account. Parents and carers may choose to use this credit to offset costs associated with school essentials, including school camps, work packs, school uniforms and instrumental music fees.

If you have not yet signed and returned your Back to School Boost form, please do so as soon as possible.

For more information, visit www.qld.gov.au/backtoschool

IMPORTANT NOTICE

ARE YOUR CHILD'S DETAILS UP TO DATE?

At times, the school may need to contact parents immediately or share important information via SMS or email. To ensure this communication is effective, it is essential that all student records are kept up to date and that the school has at least two current emergency contacts on file.

Please notify the school office of any changes to your phone number, address, email, emergency contacts, or your child's health information.

AFTERNOON SCHOOL PICK UP



If your child's usual afternoon transport arrangements change, please notify the school office as soon as possible. For example, if your child normally catches the bus but will instead be collected by a relative, the school must be informed. This helps ensure student safety and allows staff on duty to manage afternoon departures efficiently.

What's happening around our school



We are buzzing with activity

**BEFORE SCHOOL SPORTS ACTIVITIES
EVERY MORNING FROM 8:15AM**

**SWIMMING LESSONS EVERY FRIDAY
FROM MARCH 20TH
(5 WEEKS OF LESSONS)**

**DANCE AND MUSIC CLASSES
EVERY FRIDAY**

**BREAKFAST CLUB
EVERY MONDAY, WEDNESDAY AND
FRIDAY FROM 8:15AM**

**HEALTH & PHYSICAL EDUCATION
EVERY FRIDAY - WEAR SPORTS SHIRT**

**INSTRUMENTAL MUSIC
EVERY TUESDAY -
BRING YOUR INSTRUMENT**

**LIBRARY
EVERY THURSDAY -
BRING YOUR LIBRARY BAG**

**SCHOOL PARADE
EVERY FRIDAY 2:30PM IN THE LIBRARY.
ALL WELCOME!**

**GIGGLY FRIENDS PLAYGROUP EVERY
MONDAY - 8:30AM - 11:00AM**

BE SAFE • BE RESPECTFUL • BE A LEARNER



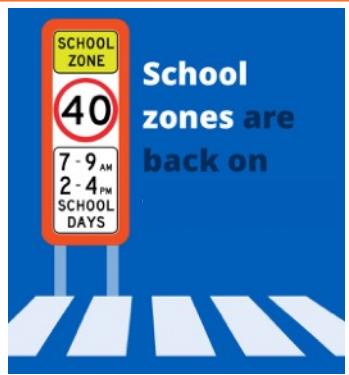
School success starts with attendance

Student Attendance is one of our top priorities at Silkwood State School. Did you know? Research shows that in Queensland, higher student attendance at school is associated, on average, with higher student achievement.

Slow down around school zones

Let's keep our kids safe by following school speed zones and staying extra cautious around buses, parked cars and busy drop-off zones.

Slowing down won't make much difference to your trip time—but could save a child's life.



Donate your old school uniforms

Do you have any school uniforms which you no longer need and can be used by others? If so, please send in your washed items to the school office and we can offer them to other families.

SCHOOL MOBILE

TEXT OR PHONE US
0437 739 058



SCHOOL PHONE
40651 333

Silkwood State School Dress Code

Our school dress code outlines what students may wear to school and what is acceptable to the Silkwood School Community with regard to attire. These compulsory uniform standards are also meet comfort and Education Queensland workplace health and safety requirements.

Some quick reminders:

- ✓ Black bottoms must be mid-thigh length
- ✓ School shirt only (standard green or sports shirt)
- ✓ Black OR white socks
- ✓ Hat and shoes
- NO dangly jewellery, glue on finger nails or make up.

BUS SAFETY FOR SCHOOL STUDENTS - How families can help

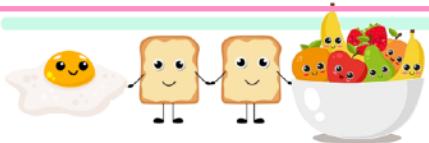
With the beginning of school year, it is a good reminder for families to talk to your children about bus safety rules. Talk to your kids about them and get the safety message out.

- ▶ Don't stand too close to the road when waiting for the bus
- ▶ Don't push in line when getting onto the bus
- ▶ Make sure you sit down in available seats swiftly once on board the bus
- ▶ Put your bag on your lap or under the seat, not in the aisle where others could potentially trip over
- ▶ Stay in your seat until the bus comes to a complete stop
- ▶ Be respectful of the bus driver and always follow directions
- ▶ Don't be distracted with friends or technology when exiting the bus and crossing the road
- ▶ Use pedestrian crossings where possible when crossing roads to catch or leave the bus
- ▶ Wait on the footpath until the bus has driven away. Always wait until the bus has gone, then use a safe place to cross
- ▶ **STOP!** one step back from the road, **LOOK!** continuously both ways, **LISTEN!** for the sounds of approaching traffic, **THINK!** whether it is safe to cross the road at your bus stop
- ▶ Keep checking as you cross the road



BUS SAFETY

A SHARED RESPONSIBILITY



WELCOME TO OUR **BREAKFAST CLUB**

EVERY MONDAY, WEDNESDAY & FRIDAY from 8.15 to 8.40am
includes cereal, toast, seasonal fruit & scrambled eggs!



Giggly Friends
PLAYGROUP

Every Monday 8.30am - 11:00am
Please bring a hat, water bottle & morning tea for your child.



Playgroup is back and buzzing for Term 1! Belinda has planned loads of fun indoor and outdoor activities, plus a special craft activity each week for the children to enjoy. Come along, bring a friend, and join us for laughs, play, and connection in a warm, relaxed setting.

Every Monday during school terms — we can't wait to see you there!





SWIMMING STARTS FRIDAY 20TH FEBRUARY

Permission notes will be issued on Tuesday. Please return ASAP.

On Fridays of Term 1, the whole school will be completing five weeks of swimming lessons at the Tully Pool, beginning in week 4, Friday 20th February. We will travel by bus from school to the Tully Pool, and the swimming program is **free to all students**. Lessons will be conducted by qualified swimming staff.

DATES: Feb 20th, Feb 27th, Mar 6th, Mar 13th, Mar 20th

WHOLE SCHOOL - Depart SSS 11:30am

Returns 2.00pm. Parade will start at 2.30pm.

Bring a bag with towel, dry underwear, water bottle and school uniform to pool. Please do not forget a plastic bag for wet clothes.

Students should come to school in uniform and will get dressed ready to swim before boarding bus. Swim attire includes togs, sun shirt or top and thongs. Thongs may be worn all day on swimming days. On the bus trip students need to take a plastic bag with towel, underwear and school uniform to the pool and will change after their lesson. Wet swimmers and towel will come back in this plastic bag. School will provide standard sunblock. Students will eat little lunch (as the main lunch on swimming days) before leaving and should **pack a snack** for big lunch at 2.00pm when we return to school.

P&C NEWS stronger together

Dear Parents & Carers,

P&C Members of 2026 hope everyone had a wonderful break and is ready to be a positive learner. This year we are looking forward to implementing a few more ideas and fundraising activities to help connect our wonderful children and families with the community.

To find out more please feel free to attend our '**Meet and Greet**' that is happening on Tuesday the 17th of February from 3.00pm in the library. We have a slide show happening with some yummy snacks. We would love to hear your ideas and thoughts on how we can improve.

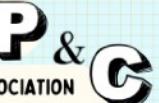
Purchasing **uniforms** has never been easier by using the new Flexischool app. We have available in store Afterpay and Eftpos options as well. Uniform shop hours are 8:30 am - 9am Fridays.

AGM meeting is planned for February however, date to be advised. Nominations have started coming in for positions including Kasey McClelland for President, Jack McClelland for Vice President, Luke Neill for Treasurer & Simone Titterton for Secretary. If you would like to nominate or if you believe someone would be great for the open positions above, please send us an email on silkwoodpandc@outlook.com

Our position as a **volunteer convener** is being put forth towards the community in hopes to find a volunteer who would love to run a Tuckshop. We would love a convener who would have a blue care card, can do attitude and reliability. We are seeking information with P&C QLD HR support to find out what our options are for a part-time casual position which would potentially open our Tuckshop more than once a week. If you are interested in volunteering, please contact us by email above. We look forward to updating this space next newsletter with new and exciting opportunities

Kind Regards, Kasey McClelland, Vice President



MEET & GREET 

P & C ASSOCIATION

Are volunteers who work with our school to improve school facilities, foster community engagement and enhance student outcomes

WHEN

Tuesday 17th February
3pm - 3:30pm
@ Library

WE NEED YOU!

Are you looking to be apart of our association for 2026? We value your opinions and your ideas! We would love to see the ideas that have been lost come to life.

TUCKSHOP



WEDNESDAY, 11TH FEBRUARY

FIRST LUNCH

Payment can be made on day in person or via flexischool

Donation from Rowan at the Joyful Foundation

We were pleased to welcome Rowan from the Joyful Foundation, who delivered school backpacks filled with essential school supplies for our students. The Joyful Foundation supports North Queensland children by providing vital learning tools to those who may otherwise go without, helping to create brighter educational futures.

Rowan funds this initiative through the collection and recycling of used batteries. **If you have any dead batteries to donate, please contact Rowan on: 0409 389 232 or 0419 982 186.**



CLASSROOM NEWS WITH MR CATTAROSSI



There is another great bunch of kids in Year 3-6 this year. We have discussed at length the importance of a **safe and respectful learning environment** and how we are a team which needs to cooperate and work together. Our experienced and caring staff (Tammy Speziali, Sarah Taifalos, Belinda Santarossa, Nicky Cymer and Chris Cattarossi not to mention a myriad of talented specialists) are testament to this inclusive philosophy and are a big reason for our learning success.

Attached to this newsletter is our **curriculum plan** for the year. Please get in touch sooner, rather than later if you have any questions, suggestions or concerns about anything. Parent/Teacher interviews will be offered for week 9 (23-27 March).

Homework Folders must come to school and go home again every day. Homework is set on Monday mornings and checked every other morning before school starts. Students must read (or be read to/with) at home for at least 10 minutes every day (including weekends and holidays) and have their reading log signed by an adult. Important notes will also go home in homework folders.

Health is a big part of our school and apart from physical activity every morning we ensure students and staff have a '**Crunch & Sip**' break halfway through the morning session (9:50am). Only healthy brain foods are allowed for this snack – no junk.

We look forward to working with you and your children again this year.



School Captains

Introducing our school leadership team for 2026! School captains Charlotte and Emily, Ellison Captain Phoenix and Barnard Captain Norman. We look forward to a year of leadership and growth from our senior team.



The names of our school sports teams are inspired by the Great Barrier Reef. Barnard is named after the Barnard Island group, located 2-5 nautical miles off Kurrimine Beach, while Ellison is named after Ellison Reef, approximately 20 nautical miles east of Cowley Beach. Both locations form part of the Sea Country of the Mandaburra Traditional Owners.

YEAR 3 - YEAR 6

CURRICULUM
OVERVIEW

Learning Area	Term 1	Term 2	Term 3	Term 4
ENGLISH	<p>Write an alternative ending to a familiar narrative text.</p> <ul style="list-style-type: none"> Students join daily Junior (learning to read), Intermediate (reading for meaning and fluency) and Senior (novel study) Literature blocks for reading and writing activities according to their needs. Spelling is practised using a phonemic approach and the Sound Waves program. Year 3-4 students receive extra Grammar and Punctuation lessons from Mrs Taifalos while Year 5-6 students study Italian. All students receive explicit Handwriting and Typing lessons. 	Create a multimodal informative text to present to the class.	Examine and create a persuasive text.	Read, write and perform poetry .
MATHS	<p>Year 3-6 uses Maths Pathway to provide individualised and 'at level' learning of Number & Algebra, Measurement & Geometry and Statistics & Probability. Explicit, teacher-led lessons are also delivered regularly to students transitioning from P-2 and all student on a <u>needs</u> basis.</p> <ul style="list-style-type: none"> Number facts are taught and practised at school and through homework. 			
SCIENCE Year 5-6	Earth & Space – Natural Disasters (design a disaster awareness guide)	Biology – Adaptations (design an investigation)	Physical Science – Electrical Circuits (test a circuit and identify sources of electricity)	Chemical Science – Reversible and Irreversible Changes (investigation)
SCIENCE Year 3-4	Natural and Man-made Changes to the Earth's Surface (investigation)	Life Cycles of Plants and Animals (observe and record)	Contact and Non-contact Forces (design an investigation)	Properties of Ochre Mixtures (apply to real-life situations)
HASS Year 5-6	History & Civics – Investigate how Australia became a federation; explore the three levels of government; and how citizenship rights have changed for different groups.	Geography & Economics - Compare places, people and cultures of Australia and its Asian neighbours and explain how resources can be used to benefit individuals, the community and the environment.		
HASS Year 3-4	Investigate factors that shape identity, the importance of laws, the significance of Cook's exploration, and impacts of the First Fleet.	Investigate and compare places and conduct a waste management enquiry		
THE ARTS	Music		Dance and Drama	
HEALTH & PHYSICAL EDUCATION	Ballgames, Swimming & 'Personal Safety'	Athletics	Cricket, Softball & 'Health Messages'	Ballgames & Swimming
TECHNOLOGIES	Digital Technologies – Create a personal profile using digital technology skills.			
ITALIAN	Year 5-6 students receive lessons remotely from teachers at the Cairns School of Distance Education, supervised by Tammy Speziali and Belinda Santarossa.			



Dear Parents,

Welcome to Prep-Year 2. We have all had a great start to the year our students are settling well into the daily routines and we are excited for the year ahead.

Our writing genre this term is examining the characters and structural features of imaginative texts and articulating informed opinions and ideas. Students' oral language skills will be supported through daily Heggerty Program sessions and shared reading of children's books, enabling students to retell characters and events.

In Maths students have commenced learning about numbers and the various ways they can be represented.

Homework was sent home this week. Please read the information for parents at the front and please ask if you have questions. The folders need to be returned to school daily for checking and book changing.

Just a few reminders for the term:

- ★ Crunch and sip break is held at 10am each morning. We suggest small amounts of fruit, vegetables or dairy products.
- ★ Please ensure your child has a wide-brim hat in their bag each day along with a nutritious lunchbox and water bottle.
- ★ Library day is Thursday and books and bags should be returned each Thursday
- ★ We kindly ask that all your child's belongings are clearly labelled.

Here's to a great year!

Warm regards,

Lynette, Andrea, Kayla and Alison

Staffing in P-2 for 2026 until week 5

Mrs McLeish will be in class Tuesday to Friday, Mrs Corby will be in class Monday to Wednesday and Mrs Tippl will be in class on Monday and Thursday. Mrs Green will be in class daily.



PREP - YEAR 2

CURRICULUM
OVERVIEW

Learning Area	Term 1	Term 2	Term 3	Term 4
ENGLISH	<p>Respond creatively to texts by retelling and recounting.</p> <ul style="list-style-type: none"> • Reading is practised every day. All students engage in reading lessons at their level learning to decode letters, sounds and words and reading decodable texts. • All students receive explicit Handwriting lessons. 	Create short texts to report to an audience.	Create texts to express an opinion.	Write short texts or stories.
MATHS	<p>Number & Algebra, Measurement & Geometry and Statistics & Probability are covered each term to ensure even coverage throughout the year. Focus areas for assessment are detailed below.</p> <ul style="list-style-type: none"> • Number facts (Years 1-2) are taught and practised at school. • Daily maths sessions focus on a combination of explicit teaching instruction, hands on activities and 'Maths Seeds' activities. 			
SCIENCE		<p>Biology How different places meet the needs of living things.</p> <p>Earth & Space Identifying changes in the local environment.</p> <p>Physical Science Describing the properties of familiar objects.</p>		
HASS	Identify similarities and differences in family structures and compare the roles of family members in the past and present.			
THE ARTS	Music		Dance and Drama	
HEALTH & PHYSICAL EDUCATION	Ballgames, Swimming & 'Personal Safety'	Athletics	Cricket, Softball & 'Health Messages'	Ballgames & Swimming
TECHNOLOGIES			Digital Technologies – Explore digital systems used in daily life.	



Welcome back everyone, it was so lovely to have students back in our school last week. They came back keen and ready to learn. We are looking forward to lots of engaging and fun-filled learning in 2026.

Year 3-4 Science

Last Wednesday, students in Year 3-4 were filled with enthusiasm to be back in the classroom ready for this term's Earth Science unit called "Here today, gone tomorrow".

In this unit, students will be learning about how natural processes and human activity cause changes to Earth's surface. They will be investigating the erosion process, recording observations, comparing predictions with their observations and explaining their findings.

Students were very excited to learn that the unit will involve lots of investigations.

Last week students learnt about the layers of the Earth and a made a flip book with information about each layer.

Year 3-4 HASS

Students in Year 3-4 will kick off the year with a short Civics and Citizenship unit about the importance of laws. They will investigate the difference between rules and laws and examine the role of local government in our community. They will then move onto History studies, where they will investigate factors that shape identity, the significance of Cook's exploration, and impacts of the First Fleet.



LIBRARY DAY REMINDER

Thursday is library day for all students. They are expected to return the books they got last week in a library bag.

LIBRARY BOOK CARE RULES



- ★ Keep books clean and dry
- ★ Keep your library books away from food and drinks
- ★ Do not draw, write or colour in or on a library book
- ★ Remove your book from the shelf by using the middle of the spine
- ★ Always use a flat bookmark
- ★ Be responsible and return your books on time!

Library Catalogue: Students may access the catalogue online at this address. They may even reserve books online.

<http://silkwoodss.cmeweb.libcode.com.au>

COMMUNITY NEWS - SPORT, SOCIAL, HEALTH, LOCAL!

WELCOME to Giggly Friends

PLAYGROUP AT SILKWOOD STATE SCHOOL

MONDAYS 8.30AM-11.00AM

A GREAT WAY TO MEET & GREET OTHER PARENTS AND SHARE YOUR EXPERIENCES!

FROM BIRTH TO PRE-PREP
PH: 40651 333

Please bring along morning tea for your child, a hat and a water bottle. Parent to stay with child. •Tea/coffee provided

GUMBOOT Theatre presents

DIMBOOLA

Dinner · Theatre · Laughs

Established 1930
EL ARISH R.S.L.
Memorial Hall

7th, 8th, 9th May
Matinee 10th May

El Arish Hall
3 Course Meal · \$70

SAVE THE DATE

\$200 PLAY ON! SPORTS VOUCHERS

Help your kids get active and play their favourite sport with the \$200 Play On! Sports Vouchers. For more information, contact Mr Cattarossi (referral agent) or visit qld.gov.au/backtoschool

Exploring careers in BUSINESS & FINANCIAL SERVICES

FREE EVENT

Local industry, students & education advisors share what you need to know about careers, qualifications, and study pathways in business & finance.

Local Guest Speakers

- Seb Cavallaro
Financial Advisor
Coral Coast Financial Services
- Caitlin Ruddell
Director
Cosca Innisfail
- Kate Mitterer
CCUC Student
Bachelor of Business
JCU Pathways Team

Join us

- Tues 17 Feb 2026 5.30PM - 6.30PM
- Cassowary Coast University Centre (Upper level of the Library)
- RSVP Essential ccuc@vpqinc.com.au 4091 6411

BE YOUR BEST Cassowary Coast ATHLETICS

CASTOR PARK, MOURILYAN

Free COME & TRY DAYS

6TH & 13TH FEBRUARY 5PM ARRIVAL FOR 5.15PM START

AGES 3 TO 16

Mobile Women's Health Service

Well Women's Clinic

- Tully Hospital –
Fri 20th February
phone 40684 144 (Tues/Wed/Thurs 9-1pm)
- Mission Beach CHC –
Thurs 19th February
phone 40684 144 (Tues/Wed/Thurs 9-1pm)
(This clinic is available to Medicare eligible clients)

Service includes Cervical Screening Tests (Pap Smears), Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, etc. All services are provided by a specially trained Women's Health Nurse.

Calender of Events THE EL ARISH MARKETS

SATURDAY SUNDAY

- ✓ February 8th Sunday- 7 AM to 12 PM
- ✓ March 8th Sunday- 7 AM to 12 PM
- ✓ March 14th Saturday- 1 PM to 5 PM
New & Used Clothes Market - High TEA
- ✓ April 12th Sunday - 7 AM to 12 PM
- ✓ May 23rd/24th Sat & Sun- Time-TBA
Crystal & Wellbeing Market
CONTACT: elarishmarkets@gmail.com

EL ARISH COMMUNITY HALL 17 ROYSTON RD, EL ARISH

Innisfail & District Tennis Association

OPEN DAY

FREE coaching sessions, FREE BBQ, FREE social tennis, FREE pickleball. All ages and abilities welcome to come and try

SUNDAY FEB 15th 3-6PM

80 Fitzgerald Esp, Innisfail

FFF FITNESS

FIT, FUN & FAB

Silkwood State School

Bring a mat and towel

MONDAY 4.30pm 5.30pm \$12.00

WED 4.30pm

TUES 8.00am

Big 4 Kurrimine Beach
Low Impact

All ages and abilities welcome
Belinda 0407 146511

PIC-COLAGE